

Smile - Leicestershire

Oral Health Promotion Update

Lots of people are aware of the importance of brushing teeth twice a day and avoiding sugary food and drinks. But people may be less aware of the damage that prolonged baby bottle feeding can do, or that a child's first visit to the dentist should be when their first tooth comes through.

The CDS Oral Health Promotion Team recently hosted a number of free bottle swap events at Leicestershire Libraries, encouraging families to introduce drinking from a free-flow cup from 6 months and to stop bottle feeding by 1 year.

Health Visitors from across the County have also been putting some of our popular oral health promotion resources to good use and organised sessions with parents and carers to reinforce the message that prolonged bottle feeding can cause tooth decay.



(Progression of Baby Bottle Tooth decay model shown)

The Resource Centre

New resources available now, including role play, books, DVD's and teaching models!

Supervised Tooth Brushing Programme

The CDS Supervised Tooth Brushing Programme has been commissioned by Leicestershire County Council and is designed to improve the oral health of children in Leicestershire.

Following the success of the pilot scheme earlier in the year, CDS is already working with over forty Early Years Settings to offer three and four year olds the opportunity to brush their teeth with family fluoride toothpaste every day at their Nursery or Pre-School. (This activity does not replace the child's tooth brushing routine at home).

Designated staff receive training and free resources, including toothbrushes and toothpaste, to implement the programme. Please contact the OHP Team for further information and to enrol your setting.

Healthy Teeth, Happy Smiles Update



On Monday 4th July the OHP Team and Leicestershire County Council hosted a free CPD event for Dentists and Dental Practice Staff. The event, Delivering Better Oral Health in Leicestershire will be offered again during October and registration is open to all County based Dental Practices. Places are limited so don't miss out on this opportunity to gain 2.5 hours of verifiable CPD.

Thank you to all of the Leicestershire Rainbows and Beavers who took part in National Smile Month. The OHP Team created a National Smile Month pack for the children, including Healthy Teeth Happy Smile leaflets about brushing, stickers and activity/colouring sheets.



Over the past few months the children of Daisy Chain Children's Nursery, Blaby, have been exploring good oral health. After borrowing role play resources from the Leicestershire OHP Resource Centre to help embed their learning, they also organised special visit to Blaby Dental Practice. The nursery has since enrolled in the CDS Supervised tooth brushing programme which is fantastic! Well done Daisy Chain.

Contact Us

For further information about forthcoming training opportunities, Supervised Tooth Brushing, Oral Health Promotion Events or Resource Centre bookings please do not hesitate to contact us.



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